



EASGV and Friends 2004 participation in the *“Walk for Hope”* at the City of Hope, 1500 East Duarte Road, Duarte, CA on Sunday, October 10th, 2004



Go to this website link for complete area and City of Hope Campus maps and driving directions http://www.cityofhope.org/allabouthope/loc_maps.asp

From the 210 Freeway, go South on Buena Vista Street to Duarte Road. Turn Left (east) on Duarte Road to Village Road (↓) where helpers will direct you to available parking in Lots G and F and other temporary parking areas.

DO NOT PARK in Patient/Visitor Parking off Hope Drive unless you want to remain for the entire day.

- 7:00 am Registration
- 8:30 am 10K Run
- 9:00 am 5K Run
- 9:00 am 5K Walk & 1 Mile Leisure Walk

*FYI: 10K = 6.6 miles;
5K = 3.3 miles; and
1 mile = 1 mile.....☺ ☺
(Note 3.3 miles at 15/mile pace = 50+/- minutes)*

Please meet your fellow EASGV Walkers & Runners in Pioneer Park at the TEAM AREA ~ Section A-H between 8:15 and 8:25 am for the EASGV Group Picture(s) (I am told it will be easily identified)

In order to get the most EASGV people in our Group Photo, we should meet before the Run/Walk(s) NO LATER THAN 8:15 am in the TEAM AREA. Having the picture taken prior to the event will allow those who finish early the opportunity to leave.

